

# Seize Your Freedom:

## Winning the Battle to Get Free and Live Free

(STUDY GUIDE)

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“It is for freedom that Christ has set you free.” Galatians 5:1

### I. We Are in a War

- A. Two battles are involved in experiencing lasting freedom:
  - 1. The battle to be set free
  - 2. The battle to stay free!
  
- B. The battle for our freedom is part of the normal Christian life. **There are two misconceptions:**
  - 1. **When you accepted Christ, the battle was over.** Proof that is not so:
    - a. *“For though we walk in the flesh, we do not war according to the flesh.”* (1 Corinthians 10:3)
    - b. *“Put on the full armor of God so that you will be able to stand firm against the schemes of the devil.”* (Ephesians 6:11)
    - c. *“From the days of John the Baptist until now, the Kingdom of heaven suffers violence, and violent men take it by force.”* (Matthew 11:12)
    - d. *“These things I have spoken to you so that in Me you may have peace. In the world you have tribulation, but take courage; I have overcome the world.”* (John 16:33)
  - 2. **If you leave Satan alone, he will leave you alone.**
    - a. *“All who came before Me are thieves and robbers.”* (John 10:8)
    - b. *“The thief comes only to steal and kill and destroy.”* (John 10:10)
    - c. The thief is Satan, and his main goal is to steal, kill, and destroy you.

## II. A Battle Is Going on For Your Life and Your Freedom

There is a very real enemy that is out to steal, kill, and destroy you. You are not a hopeless victim in this battle. You have weapons that are divinely powerful to defeat this enemy.

*“For the weapons of our warfare are not of the flesh, but divinely powerful for the destruction of fortresses.” (2 Corinthians 10:4)*

A. **The first battle: The battle to be set free.** *Restoring the Foundations* deals with closing four doors during a ministry session.

1. **The first door that must be closed:** The door of generational pressure that comes down through your family line.

*“I, the Lord your God, am a jealous God, visiting the iniquity of the fathers on the children, on the third and the fourth generations of those who hate Me.” (Exodus 20:5)*

Robert Henderson, who teaches on the Courts of Heaven, describes **iniquity** as the sin in your bloodline.

2. **The second door that must be closed** are the lies we believe.

*“Stop imitating the ideals and opinions of the culture around you, but be inwardly transformed by the Holy Spirit through a total reformation of how you think. This will empower you to discern God’s will as you live a beautiful life, satisfying and perfect in His eyes.” (Romans 12:2, TPT)*

*“Don’t you know that when you allow even a little lie into your heart, it can permeate your entire belief system?” (Galatians 5:9, TPT)*

3. **The third door that must be closed are the wounded places in our heart.**

*“He has sent Me to heal the brokenhearted.” (Luke 4:18, NKJV)*

4. **The fourth door that must be closed is the oppression that comes from our enemy.**

*“Be angry, and yet do not sin; do not let the sun go down on your anger, and*

*do not give the devil an opportunity.” (Ephesians 4:26-27)*

**B. The second battle for freedom is knowing how to keep the doors closed as you walk out your freedom.**

Let’s look at several things that would benefit you as you battle to stay free in Christ.

1. The first thing you need to stay free is to **have a good defense.**

*“Put on the full armor of God.” (Ephesians 6:11)*

2. Part of any good defense is to **understand your enemy.**

*“... so that no advantage would be taken of us by Satan, for we are not ignorant of his schemes.” (2 Corinthians 2:11)*

*“Put on the full armor of God so that you will be able to stand firm against the schemes of the devil.” (Ephesians 6:11)*

3. Part of a good defense is to **guard your mind.** The battleground for this battle is in the mind.

*“For though we walk in the flesh, we do not war according to the flesh, <sup>4</sup>for the weapons of our warfare are not of the flesh, but divinely powerful for the destruction of fortresses. <sup>5</sup>We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ.” (2 Corinthians 10:3-5)*

### **III. Boundaries**

*Boundaries* determine what you will allow in and what you keep out.

**A. For countries to stay safe, they have to put up good boundaries.**

1. Activities
2. People

- B. For countries to remain free, they need to have good allies.**
- C. Every free country has some form of a constitution that provides guidelines for the new freedom.**

*“For the Word of God is living and active and sharper than any two-edged sword, and piercing as far as the division of soul and spirit, of both joints and marrow, and able to judge the thoughts and intentions of the heart.”*  
(Hebrews 4:12)

#### **IV. Closing Prayer**